



Combined Baby Massage & Yoga Instructor Diploma

Module 1-Baby Massage Professionalism

Professionalism Baby Massage

Reading List & Study Guide

Bonus Courses-Mindset Magic & Love creates love

Power Point Presentation

Module 2-Baby Massage Anatomy & Physiology

A & P Videos

Module 3-Baby Massage Benefits

Benefits of Infant Massage

Additional resources to support learning on attachment

Baby Massage Presentation Deck

Infant mental health education

Research on baby massage and brain development

Module 4-Baby Massage Practicalities & Routine

Baby Massage Routine

Full Powerpoint Presentation For The Course

Oils and Safe Practice (Current Advice)

Infant Mental Health Education

Bonus videos from Channel Mum

Module 5-Successful Teaching Techniques

Teaching techniques

Teaching Plans For Classes

Extra real footage from teaching groups of parents

Teaching babies with special needs

Extra Videos

Video Library

Module 6-Marketing & Setting Up Your Business

Marketing

Vision and mindset

Taking action & planning

Four P's of Business
Networking
Starting up lean
Support & Mentorship
How Giving Back Is the Greatest Joy From Success
Final Word

Baby Massage Teaching Practice

Case studies/ Teaching Practice
Extra Teaching Plans for Workshops/Documents for teaching practice
Celebrating You!

Module 8-Baby Yoga Anatomy & Physiology

Anatomy & Physiology of the infant for baby yoga

Module 9-Benefits of Baby Yoga

Benefits of Baby Yoga
The benefits of yoga & yoga practice

Module 10-Baby Yoga Routine

Baby Yoga Routine
Real Class Footage
Teaching examples of baby yoga
Parent Stretches
Abdominal Separation & Diastasis
Extra videos for inspiration
Videos from our live baby yoga training

Teaching Practice Baby Yoga

Teaching Practice Baby Yoga
Easy Baby Yoga Teaching Plan
Extra teaching plans

BONUS VIDEO-What's love got to do with it?-Why connection and touch are the secret ingredients in embracing pregnancy, birth and babyhood.

Bonus Free Online Baby Massage Course For Parents